



ANAGENISIS

The Spa of Thalassa





THE PRECISE FACE EXPERIENCE

Medical beauty

The innovative precision formulas of the DOCTOR BABOR and DOCTOR BABOR PRO specialist, made in Germany, are inspired by medical research. As intensive cosmeceuticals they are ideal for complex skin and are formulated precisely to meet the most demanding beauty requirements. These treatments last 60, 75 or 90 minutes, depending on your individual skin needs.

Lifting – Firm & Youthful

60 min - €150

Vital, youthfully smooth and firmer looking skin. For skin with a lack of elasticity and visible wrinkles. Tissue stimulation achieves firmer skin with a reduction of fine lines and wrinkles.

cleansing | peeling | active serum | lifting massage | intense eye care | special mask

Cleanformance – Healthy Glow

55 min - €90

Vegan and clean for a healthy, vital glow. Especially for dehydrated, demanding skin, this facial will provide intensive moisture to the skin and will even out any irregularities for a beautiful complexion. This treatment is also Gluten and Lactose free.

cleansing | peeling | active serum | massage special mask | intense eye care
suitable for vegans

Hydrating – Plumped & Revived

55 min - €95

Plump and saturate the skin with intense hydration for a vital complexion. Designed for extremely dehydrated skin with visible dryness lines this immediately ensures intensive moisture absorption into the skin.

cleansing | peeling | active serum | brief massage | intense eye care | special mask

Vitamin Cocktail Facial

40 min - €70

A Vitamin cocktail for your skin, this revitalizing treatment for dry, dull and tired skin; gives your skin an intense boost of Vitamin A, C and E. Regenerates the skin's vitality and brings new life to your skin, giving the complexion an even luminous appearance.

EAR CANDLING

Clear Lemon Cloth Ear Treatment

€45

Clear Lemon Cloth candles are used in this therapy, as they help in the clearing of the ears by drawing out excess wax and impurities from the ear. This therapy is suitable for everybody and is excellent for ear ached, colds and before flying



BODY TREATMENTS AND WRAPS

Marine Salt Scrub 30 min €55

An intensive peeling with mineral-rich sea salt and natural oils. For the perfect finish, the skin is nourished with energizing refreshing body cream

Skin Nourishing Cream Wrap 40 min €75

An intensely nourishing body wrap with postbiotics, Ceramide complex, Shea butter and Vitamin E to moisturize, protect skin from redness and irritation and to support natural skin's barrier. Smooth, soft, balanced and radiant skin.

Algae Body Wrap 60 min €90

A detoxifying moisturizing algae treatment using unique blue-green spirulina algae. Begin your treatment with a sea salt exfoliating that will soften your skin and prepare it to be wrapped in an algae mask, rich in essential minerals, vitamins and trace elements that will boost the skin's moisture levels and protect against premature ageing.

Anti-Cellulite Fat Burning Treatment 60 min €95

This localized treatment reduces fat deposits while firming and toning the skin. Begin your treatment with an enzyme and sea salt exfoliation to stimulate circulation, followed by a wrap, soaked in a concentrated plant solution that activates the breakdown of fat. Last but not least, a cellulite massage stimulated the metabolism and encourages drainage.

GUINOT FACIAL TREATMENTS

Lift Summum Treatment

60 min €120

A special treatment that tightens, firms the outline of the face, smoothes and stimulates the skin on the neck and décolleté. Dual exfoliation, powerful massage with powerful serum for regeneration of elastic fibers, wrinkle abrasion with the special wrinkle eraser. The treatment is completed by the application of the neck/décolleté face mask that tightens and instantly corrects the facial feature

Detoxygene

55 min €95

Oxygenating and detoxifying treatment. Removes toxins and pollution from the skin with a specific enzymatic peel, followed by a clay mask that acts as a pollution magnet. The specific massage techniques leaves the skin refreshed, radiant and luminous

Equilibre Purete Treatment

60 min €95

A cleansing enzymatic peeling warms the skin and opens the pores. Then a purifying clay mask absorbs impurities and excess sebum from the skin. Balance is restored and the skin is purified

Hydra Summum

60 min €130

The Hydra Summum is a skin plumbing and moisturising Treatment, highly concentrated in Hyaluronic Acid. It plumps up and smooths, while intensely moisturises the skin. As an added bonus you get a complimentary Foot Peeling.

Age Summum

60 min €120

Targets signs of ageing

The Age Summum Treatment is the alternative to plastic surgery for treating immediately signs of ageing. A genuine concentration of 56 Biological active ingredients from Cellular Life Complex, hyaluronic acid and Pure vitamin C: stimulates the synthesis of collagen and provides antioxidant action for exceptional radiance and cell regeneration



GUINOT ELECTRICAL FACIAL TREATMENTS

Hydradermie Facial

55 min €110

"Cellular Energy"

A mild electrotherapy current allows active beautifying ingredients to penetrate into the deeper layer of the skin for more immediate and lasting results. The skin is perfectly cleaned, moisturized, oxygenated and radiant. Eight (8) personalized programs are available moisturizing, nourishing, purifying, anti-aging, soothing, anti-pigmentation, repair after sun exposure.

Hydradermie Lift

55 min €120

The "Instant Lifting" treatment

This treatment, lifts and tones the skin deep down by exercising the muscles. It lifts and reshapes the features making the skin visibly younger. You could call it a non surgical face lift

Hydradermie Eye Lift

40 min €60

Eye Treatment

A specific treatment for the eyes, that tones the skin, "lifts" the eye contour, stimulates tissue drainage and activates sub-cutaneous microcirculation to reduce puffiness and dark circles

GUINOT BODY TREATMENTS

Mirific Softness & Relaxation Treatment

55 min €85

This treatment combines the Mirific exfoliation to remove dead skin cells and the Mirific relaxing massage techniques with a unique blend of Precious Oils (Passion Flower, Evening Primrose, Camellia and Argan with antiaging and nourishing properties. This combination makes it the ultimate relaxing and renewing body treatment!

Techni-slimming / Techni-firming

55 min €89

Achieve visible slimming and firming results from the very first treatment with the new Techni - Slimming and Techni-Firming treatments from Guinot. Using an in-depth massage combined with carefully formulated serums and a unique body wrap technique, these specially designed manual treatments visibly reduce the appearance of cellulite and restore skin's firmness and silhouette.



EYE CONTOUR CARE

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|---------------|-----|---------------------|-----|
| Eyebrow Shape | €15 | Eyelash Tint | €15 |
| Eyebrow Tint | €15 | Eyelash & Brow Tint | €25 |



HYDROTHERAPY BATHS

Hydrobath with Aromatic Oils Bath

20 min €45

Relaxing therapeutic bath with natural plants oils

Mineral Ocean Bath 20 min €45

Moisturizing therapeutic bath with natural sea salt and blue-green algae

Vichy Shower

20 min €45

Vitalizing water massage



MASSAGES

Sweedish Massage

(medium pressure)

Full Body 60 min €95

Back, Neck, Shoulders 30 min €60

Deep Tissue Massage

(strong pressure)

Full Body 60 min €120

Back, Neck, Shoulders 30 min €65

Leg Massage 30 min €55

Head Massage 20 min €40

Aromatherapy

(light pressure)

Full Body 60 min €90

Back, Neck, Shoulders 30 min €55

Traditional Thai Massage

60 min €120

(or Thai Oil massage)

Reflexology 45 min €85

Lymph Drainage 60 min €95

Massage (for water retention)

Couples 65 min €180

A full body medium pressure massage (50'), suitable for relaxing with a 15' head and face massage

The Hot Stone Massage **75 min €150**

This massage incorporates hot stones, unique techniques and aromatic blended oils, combined with the touch of your therapist. This wonderful therapy is a journey of pure relaxation and pleasure. The full body energy massage is a gentle flowing massage that works to create harmony within and induce deep relaxation to both the body and mind to create harmony within and induce deep relaxation to both the body and mind. Your body will feel lighter and re-awakened

Peaceful Pregnancy Massage

60 min €100

Connects mother and baby through the power of touch, working with two heartbeats as one. Relieves tension in the back and alleviates swelling in the hands and feet, while easing the mind and uplifting the spirit



One Day Packages

Relax Program

- 1 Head Massage
- 1 Aroma Full Body Massage (45min)
- 1 Marine Salt Scrub
- 1 Hydro Bath with Essential oils

1hr. 45 min €185

Detox Program

- 1 Head Massage
- 1 Algae Body Wrap
- 1 Deep Tissue Full Body Massage (45min)
- 1 Mineral Hydro Bath

2hr. 20min €235

Stress Recovery Program

- 1 Marine Salt Scrub
- 1 Aromatic Oils Hydro Bath
- 1 Reflexology
- 1 Swedish Full Body Massage (45min)

2hr. 20min €235

WAXING

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| Full Leg Wax | €45 |
| Half Leg Wax | €25 |
| Bikini Wax | €20 |
| Full Bikini Wax | €45 |
| Under Arm Wax | €15 |
| Full Arm Wax | €20 |
| Lip Wax | €10 |
| Lip and Chin Wax | €18 |
| Chest Wax | From €30 |
| Back Wax | From €30 |

HAIRDRESSING

By Esthisis Spa (Coral Beach Hotel)

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**Appointments can be booked from Anagenisis Spa or direct to Esthisis Spa
Tel.00357-26881030 , email spa@coral.com.cy or ext.5030**



SPA ETIQUETTE

Make an appointment

Spoil yourself with a collection of signature treatments and services designed to reveal the best you. Your rebirth begins with an appointment. We recommend you arrange your visit in advance of your stay to ensure you are accommodated on your preferred day and time. Book your appointment online at spa@thalassa.com.cy or call us at (357) 26881618.

SPA POLICIES

SMOKING: In the interest of good health and well-being, the entire SPA (indoors and outdoors) is a smoke-free environment.

CHECK IN: To ensure your complete relaxation and to enhance your experience, please arrive 10 minutes prior to your scheduled treatment. Feel free to enjoy the whirlpool, steam room or Sauna. Late arrivals will be accepted; however, your treatment time will be shortened and no price adjustments will be made.

WHAT TO BRING: Please bring along a swimsuit for facilities use. We recommend to put your cell phone on SILENT.

WORKING HOURS: Spa & Fitness center working hours **9:00-20:00 daily**

GIFT VOUCHERS: The ideal gift for a birthday, anniversary, mother's day or just to say thank you. Gift Vouchers can be purchased via the Spa reception and can be used towards treatments or products. Gift vouchers are nonrefundable and must be presented at the time of treatment.

CANCELATION POLICY: We kindly ask that at least a 24 hour notice is given when cancelling an appointment or there will be a 50% cancellation fee charged automatically. Thank you for understanding.

